

Hópur	Þjálfari	Mánudagur	Þriðjudagur	miðvikudagur	fimmtudagur	föstudagur	laugardagur	sunnudagur
<b>5 ára strákar og stelpur (2013)</b>	Íris Tinna						Vesturgata 11:30-12:20	
<b>6 ára stelpur (2012)</b>	Íris Tinna			Vesturgata Hópur 1: 15:10-16:00 Hópur 2: 16:00-16:50			Vesturgata Hópur 1 og 2: 12:30-13:20	
<b>7 ára stelpur (2011)</b>	Halla			Vesturgata Hópur 1: 14:10-15:00 Hópur 2: 15:00-15:50	Vesturgata Allir: 17:10-18:00	Vesturgata Allir: 15:30-16:20		
<b>Strákar yngri (2012-2010)</b>	Stefán		Dalbraut 14:00-15:00			Vesturgata 15:30-17:00		
<b>Strákar eldri (2009+)</b>	Stefán		Dalbraut 15:00-16:30	Vesturgata: 16:50-17:50		Vesturgata 15:30-17:00		
<b>5 flokkur (2010)</b>	Elísa	Dalbraut 14:00-15:30		Vesturgata 16:00-17:30		Vesturgata 14:10-15:40		
<b>4 flokkur (2009-2008)</b>	Þórdís og Brynjar	Dalbraut Hópur 1: 15:30-17:30 Hópur 2: 17:30-19:30	Vesturgata Allar: 16:10-18:10				Dalbraut 10:00-12:00	
<b>3 flokkur (2007-2006)</b>	Þórdís			Dalbraut 16:00-18:00	Dalbraut Hópur 1: 15:00-17:00 Hópur 2: 16:30-18:30	Dalbraut: Hópur 1: 14:00-16:00 Hópur 2: 16:00-18:00	Vesturgata 12:00-14:00	

<b>2 flokkur (2005-2004)</b>	Halla, Íris, Stebbi		Dalbraut 16:00-18:30	Dalbraut 17:30-20:00		Vesturgata 16:30-19:00		Egilshöll 14:00-16:00
<b>1 flokkur (2003-2002)</b>	Pórdís, Stebbi, Elísa, Binni	Vesturgata 19:10-21:40	Dalbraut 18:10-20:10	Vesturgata 18:00-20:30	Dalbraut 18:10-20:40			Egilshöll 14:00-16:00
<b>Meistaraflokkur (2001 +)</b>	Pórdís, Stebbi, Elísa, Binni	Vesturgata 19:10-21:40	Dalbraut 18:10-20:10	Vesturgata 18:00-20:30	Dalbraut 18:10-20:40			Egilshöll 14:00-16:00
<b>Parkour 3 (2012-2010)</b>	Stefán			Dalbraut 14:00-15:00		Vesturgata 14:00-15:00		
<b>Parkour 2 (2009-2007)</b>	Stefán			Dalbraut 15:00-16:00	Dalbraut 15:00-16:00			
<b>Parkour 1 (2006 +)</b>	Stefán	Vesturgata 20:00-21:30			Dalbraut 20:00-21:30			